

INSTRUCTIONS ON HOW TO COLLECT BUCCAL SAMPLES

Make sure that the subject (person/pet) has not consumed any food or drink for at least 1 hour prior to sample collection.

ITEMS NEEDED

- 2 sterile cotton-tipped swabs per subject
- 1 paper mail envelope per subject (labelled with a number and initials plus date of sampling, e.g. 1-JSL; Jan 4, 2006)
- 1 padded envelope



STEPS TO FOLLOW

1. Peel the swab envelope and grab swab making sure the tip of the cotton swab is not touched



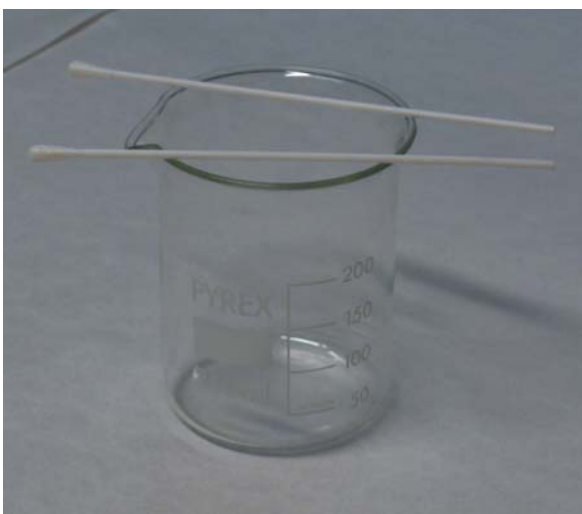
2. Scrape the swab firmly against the inside of one cheek 10 times



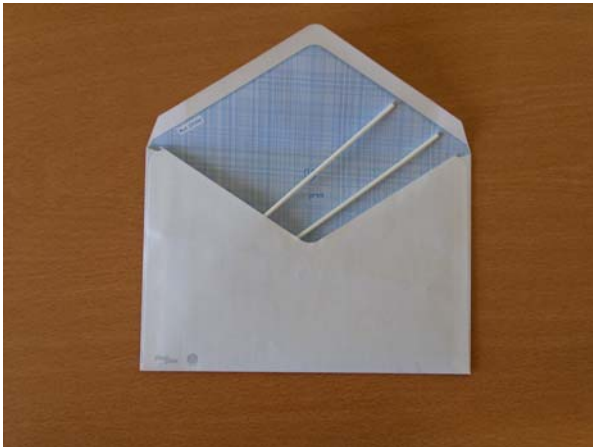
3. Allow the swab to air-dry for 20 min. Make sure nothing touches the tip of the swab



4. Scrape the inside of the other cheek with second swab and air-dry for 20 min

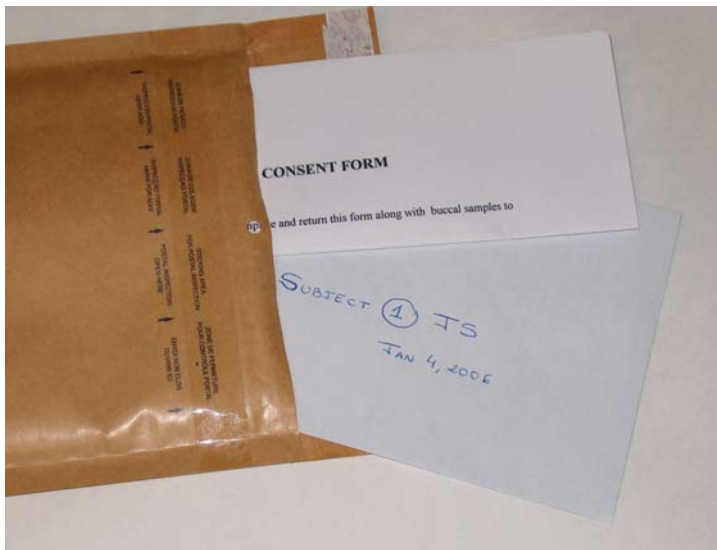


5. Place the two swabs on their corresponding paper envelope. Seal the envelope



6. Repeat steps 1 to 5 for every subject to be sampled

7. Once all subjects have been sampled, place all envelopes plus Consent Form into the padded yellow envelope.



8. Send us the envelope **as soon as possible**